

*Diverse dreams, one strong start – St. Mary's +2,
Where Girls Become Leaders!*



ST. MARY'S **+2 WING** **PROSPECTUS**

Established 2018 | Affiliated with NEB

Your Daughter's Success Story Starts Here

WELCOME MESSAGE

Message from the Principal

Sr. Marilyn CJ

Dear Parents, Teachers, and Students,
Greetings in the spirit of learning and growth!



As the Principal of our esteemed Institution, I, Sr. Marilyn CJ, am delighted to address you all regarding our +2 Wing, which continues to be an edifice of academic excellence and holistic development. The +2 program, encompassing Grades 11 and 12, is a pivotal phase where young minds transits from foundational education to specialized knowledge, preparing for higher studies and future careers. We collaborate innovatively, integrating modern teaching methodologies with our core values to ensure every lesson inspires and empowers our students.

Our unwavering commitment to nurturing curiosity, fostering critical thinking, and guiding students through rigorous curricula offers you boundless opportunities to explore your passions, build resilience, and achieve your potential. Embrace challenges with enthusiasm, engage in extracurricular activities, and remember that success is not just about grades but about becoming responsible global citizens. We are here to support you every step of the way.

I believe our cooperation with parents is invaluable. By encouraging your children at home, staying involved in school activities, and communicating openly with us, you help create a strong foundation for their success. Together, we can ensure the +2 journey to be enriching and fulfilling to our students. As we move forward in this academic year, let us all commit to upholding the highest standards of integrity, discipline, and compassion. Exciting initiatives, including enhanced skill-building workshops and career counseling sessions, are planned to further elevate our +2 Wing.

May God's blessings guide us all.
Warm regards,

Handwritten signature of Sr. Marilyn CJ in black ink.

Sr. Marilyn CJ
Principal

MESSAGE

from the +2 Coordinator



Mr. Prabin Kumar Bishwas

It gives me great pleasure to welcome you all to St. Mary's +2 Wing, a vibrant hub of learning and innovation where young minds are shaped for a brighter future. As the Coordinator, I am thrilled to lead this dynamic phase of education, encompassing Grades 11 and 12 in our esteemed Science and Management streams.

Our academic programs are meticulously crafted to align with national standards, while equipping students with the skills and perspectives needed to thrive in an increasingly globalized world. We emphasize conceptual clarity, critical thinking, and hands-on practical skills, all underpinned by personalized mentorship and comprehensive guidance. Whether exploring the wonders of scientific inquiry or mastering the intricacies of business and economics, our curriculum fosters intellectual curiosity and real-world application. This is your time to shine. Embrace the challenges of the +2 Wing with determination, participate actively in labs, projects, and discussions, and leverage our resources to build a strong foundation for your dreams. Remember, true growth comes from perseverance, creativity, and ethical leadership.

Our dedicated teachers' expertise and passion are the driving force behind our success. We collaborate, innovate, and inspire, creating an environment where every student can excel and every lesson spark transformation.

We understand that the involvement and encouragement of parents are essential to this journey. Your coordination with us through open communication, attending workshops, and supporting your child's endeavors, we can collectively nurture well-rounded individuals ready to make a positive impact.

Together, let us empower our students to dream big, work hard, and lead with integrity that will guide them through life's opportunities and obstacles. Exciting enhancements, such as advanced skill-development sessions, industry interactions, and holistic wellness programs, are in store to make this academic year truly exceptional.

Warm regards,

A handwritten signature in black ink, appearing to read 'Prabin', written over a thin horizontal line.

Coordinator
St. Mary's +2 Wing

About St. Mary's +2 Wing

Empowering Young Women Through Transformative Education



Ms. Sijereal Kafle - Batch 2081

St. Mary's +2 Wing, Biratnagar, stands as a distinguished block of the renowned St. Mary's School Biratnagar, extending its storied legacy of empowering young women through transformative education. As the Institution, dedicated exclusively to the holistic development of female students in Grades 11 and 12, it upholds the foundational principles established by its parent Institution in 1955.

Founded under the visionary leadership of the Sisters of the Congregation of Jesus (CJ)—an order initiated by the pioneering English educator Mary Ward in 1609—St. Mary's in Kathmandu, Nepal has long been a beacon of inclusive, value-driven education, welcoming girls from diverse classes, creeds, and castes to foster intellectual growth, moral integrity, and social responsibility.

Drawing directly from this rich heritage, St. Mary's +2 Wing in Biratnagar was established in 2018 as an extension of the Kathmandu flagship, embodying the same commitment to academic excellence while adapting to the vibrant educational landscape of eastern Nepal.

Our programs blend rigorous curricula in Science and Management streams with a profound emphasis on discipline, spirituality, and selfless service, mirroring the ethos that has defined St. Mary's for over decades of years.

Guided by the CJ Sisters, we nurture young women to become confident leaders, critical thinkers, and compassionate global citizens, equipped not only with knowledge but also with the ethical fortitude to navigate life's challenges. This branch continues to build on the parent school's mission of empowerment, creating an environment where every student is encouraged to excel academically, engage in community service, and embrace a life of purpose rooted in faith and values.

Through this shared vision, St. Mary's +2 Wing, Biratnagar, perpetuates a tradition of excellence that inspires generations.



Where learning becomes collaborative, purposeful & empowering

Unique Strengths of St. Mary's +2 Wing

Women-centered and value-based education.

Discipline-oriented and student-friendly environment.

Emphasis on leadership, ethics, and social responsibility.

One – on – one tutoring session.

Personalized study plans.

Regular in touch with parents.

Arrangement of extra classes of Pre – Medical and Pre – Engineering entrance preparation.

Strong academic culture with team of highly qualified professionals.

Research oriented practical exposure for skill development.

Prefer Quality over Quantity.

Focus on problem solving skills.

Regular assessment.

Regular mentoring, counseling, and academic support.

Exposure to national and international opportunities.



Vision

- To be a center of academic excellence that empowers young women with knowledge, character, and global competence, nurturing confident leaders who are intellectually strong, morally grounded, and socially responsible in an ever-changing world.

Mission

- To provide holistic education that integrates knowledge, discipline, values, and service, enabling students to contribute meaningfully to society and the world and also to nurture academically competent, morally strong, and socially responsible young women ready to face global challenges.

Objectives

- » To promote academic excellence and critical thinking
- » To inculcate discipline, integrity, and compassion
- » To develop leadership qualities and self-confidence
- » To prepare students for higher education and professional success

Overview of Programs

EMPOWERING ACADEMIC PATHWAYS FOR FUTURE LEADERS.

Science Stream

Designed for students aspiring to careers in medicine, engineering, IT, and pure sciences.



Exploring Science, Innovating the Future

Subjects Include:

- ▶ Comp. Nepali
- ▶ Comp. English
- ▶ Mathematics/ Social Studies and Life Skills
- ▶ Physics
- ▶ Chemistry
- ▶ Biology / Computer Science



Building Leaders for tomorrow's Business World

Ideal for students interested in business, economics, finance, and entrepreneurship & Computer Science

Management Stream

Subjects Include:

- ▶ Comp. Nepali
- ▶ Comp. English
- ▶ Social Studies and Life and Skills
- ▶ Accounting
- ▶ Economics
- ▶ Business Studies/ Computer Science

Glimpse of *Lab* Activities

Physics Laboratory



Our Physics Lab is designed to strengthen conceptual understanding through practical experimentation. Equipped with modern instruments and apparatus, students actively engage in experiments aligned with the NEB curriculum.

Chemistry Laboratory



Safety, precision, and exploration define our Chemistry Lab. With ample space and essential chemicals and equipment, students perform experiments that build analytical and observational skills under expert supervision.

Biology Laboratory



The Biology Lab provides a rich environment for students to study living systems through observation and experimentation. Equipped with microscopes, specimens, and models, it enhances scientific curiosity and understanding.

Computer Laboratory

Our Computer Lab is fully equipped with modern systems and updated software, enabling students to develop essential digital skills, programming knowledge, and practical IT competencies.



Glimpse of Management Classrooms

Our Management Faculty provides a dynamic and interactive learning environment designed to nurture future professionals. Spacious classrooms equipped with modern teaching aids encourage active participation, critical thinking, and practical learning.



Learning Approach

- Case-based and practical learning
- Presentations, group discussions, and project work
- Integration of technology in teaching
- Focus on communication and leadership skills

St. Mary's +2 Wing

ACHIEVEMENTS



Secured First Position in Secondary Level
SCIENCE EXHIBITION 2080
Organized by: Biratnagar Metropolitan City



Secured First Position in Secondary Level
SPEECH COMPETITION 2080
Organized by: Biratnagar Metropolitan City



Secured Third Position in Secondary Level
NEPALI ESSAY COMPETITION 2080
Organized by: MOSD, Koshi Province



Secured First Position in Secondary Level
SCIENCE EXHIBITION 2081
Organized by: Biratnagar Metropolitan City



Ms. Roshna Khadka being honored from **Excellent Students Award-2079** on securing excellent marks in **Science Faculty (3.85 GPA)** from girl of Grade-XII NEB Exam throughout **Koshi Province, Morang** By **Honorable prime Minister Pushpa Kamal Dahal** in the yearly program (2080) Organized by: Nepal Academy of Science & Technology (NAST)

CAREER PATHWAYS and Global OPPORTUNITIES



Graduates of St. Mary's + 2 Wing pursue higher education and careers in:

1 Medicine, Engineering, and Science

Business Administration,
Management, and Economics

2

3 Information Technology and Research

National and international universities

4



**Our Guidance Programs Help Students Explore
Global Academic Path Ways & Competitive Examinations.**

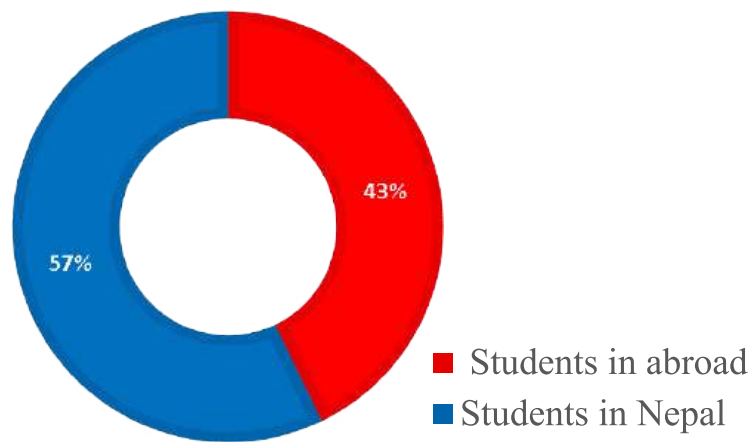
Career Counselling

Exam Preparation

University Applications

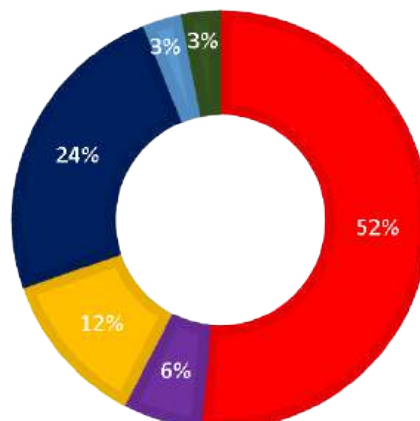
Higher Education Destinations of St. Mary's Alumni

EDUCATIONAL DESTINATION OF ST. MARY'S STUDENTS: NEPAL VS ABROAD BATCH: 2078 - 2081



COUNTRY-WISE DISTRIBUTION OF ST. MARY'S +2 ALUMNI STUDYING ABROAD (2078 - 2081)

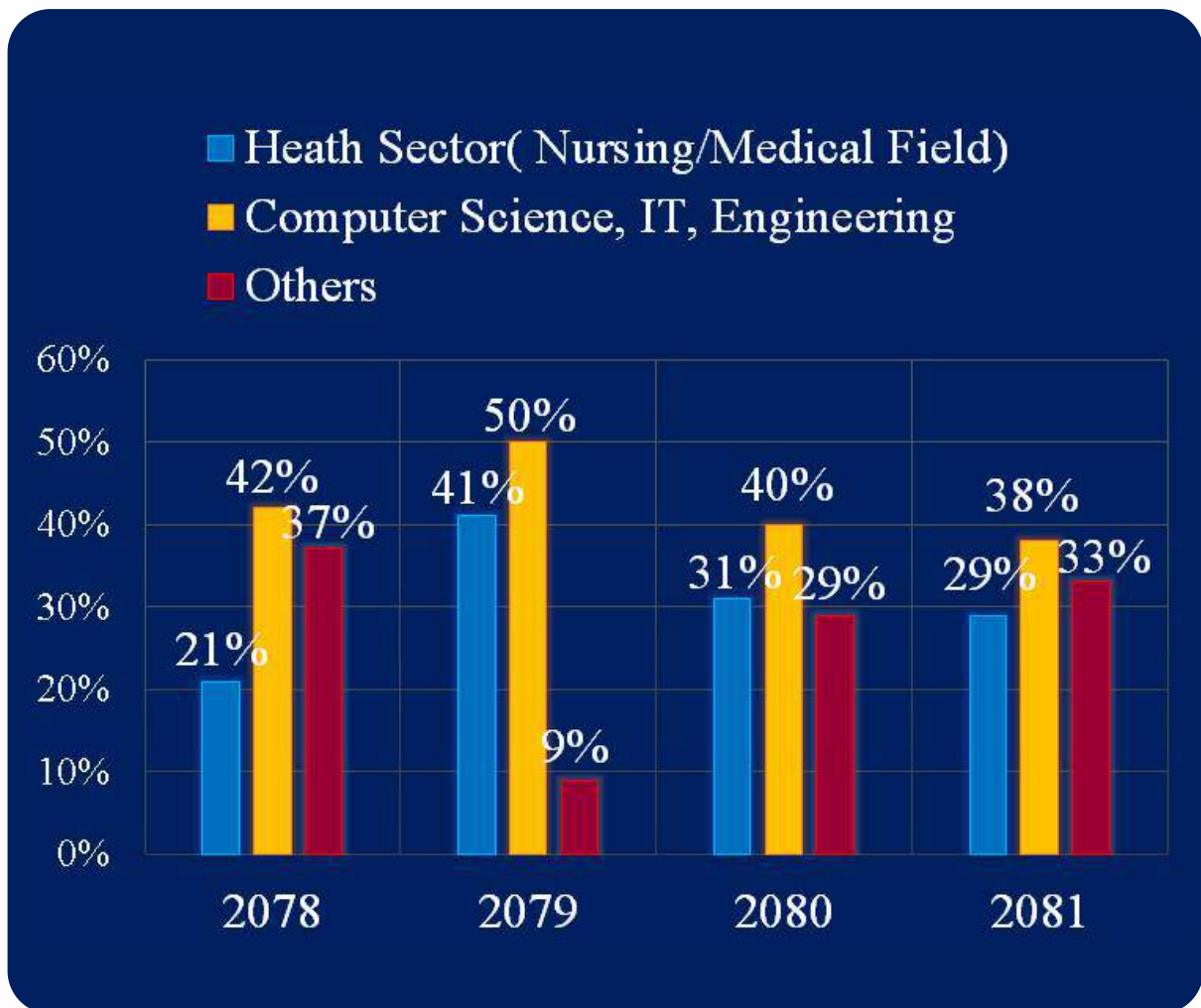
- Students in US
- Students in Canada
- Students in Australia
- Students in India
- Students in UK
- Students in Korea



St. Mary's +2

Alumni Pathways: Fields of Study Chosen by

Our Graduates (Batch 2078-2081)



At St. Mary's +2 Wing, Both Streams Are Designed To Ensure Academic Excellence, Practical Exposure & Holistic Development.

Healthcare & Global Leaders



Kashmika KC

Nursing Degree from Mohawk College, Canada. Works in 2 Government Hospitals Mississauga Hospital, Trillium Health Partners and St. Joseph Hospital. Has been promoted to Preceptor (Nursing Tutor)



Shristi Poudel

B. Sc Nursing at Texas A&M University, USA – with 80% Scholarship.



Aakanshya Neupane

B.Sc Nursing at LaGuardia Community College, New York.



Prashanti Chapagain

Pursue Dental studies at Nepal Medical College, Kathmandu.



Ishara Ojha

B.Sc in Biology at LaGuardia Community College, New York.



Gyanu Sardar

B. Sc Forensic Investigative Sciences at Washburn University, Kansas, USA.

Engineering, IT & Innovators



Anjelika Bhattarai

B.E. in Communication & Automation Engineering at Khwopa College of Engineering, Kathmandu; Founder/CEO of Angel Entertainment and Media.



Anushka Bista

B. Sc (Hons) Computer System Engineering at ISMT College – with 45% Scholarship.



Purnika Dahal

Bachelor in IT at ISMT College, Biratnagar.



Sanskriti Basnet

Bachelor in IT at ISMT College, Biratnagar.

Batch 2078



Reshna Khadka

B. Tech Food Technology at Mahendra Multiple Campus, Dharan.



Sandra Jessica Dewan

B. Tech Food Technology at Mahendra Multiple Campus, Dharan.



Kaushika Koirala

Civil Engineering at Purwanchal Engineering College, Dharan.



Samita Niroula

IT at National Institute of Engineering and Technology (NIET), Kathmandu.

Diverse Achievers & Global Paths



Siyana Shrestha

Bachelor of Community Service at Torrens University, Sydney, New South Wales, Australia.



Shrutakriti Bharati

Graduated from Southwestern Oklahoma State University; Working in Administrative Section, US Army.



Aaradhya Niroula

BBM-LLB at Kathmandu University.



Shejal Pradhan

B. Sc Forestry at Kathmandu Forestry College – with MOE Scholarship.



Kritika Kattel

Graduated with AAA Scholarship from Biratnagar International College; Freelance Social Media Marketer & Brand Marketer.

Imagine your daughter earning scholarships, studying abroad, or building a fulfilling career – St. Mary's +2 Wing provides the academic excellence, supportive environment, and holistic guidance to make it happen. Give her the best start!

Nursing & Healthcare Achievers (High Scholarships & Global Reach)



Roshna Khadka

Rank 7 (B. Sc Nursing Entrance), Rank 13 (BPH Entrance); B. Sc Nursing with 100% Scholarship at Patan Academy of Health Sciences.



Shrenju Neupane

B. Sc Nursing at Nepal Medical College, KU – with 100% Scholarship.



Shraddha Shrestha

B. Sc Nursing at Jacksonville State University, Alabama, USA – 70% Scholarship.



Shrasta Rayamajhi

B. Sc Nursing at California State University, USA – 50% Scholarship.



Stuti Shree Kathet

B. Sc Nursing at Midwestern State University, Texas, USA. Have achieved Global International Freshman Excellence Academic Scholarship, Global Education Office International Services Scholarship which has reduced her tuition fee by more than 80%.



Prinsha Ghimire

Bachelor in Biology in a Community College, Texas, US.



Aishwarya Singh Karki

B. Sc Nursing at Western Sydney University, New South Wales, Australia.



Milisha Shrestha

B. Sc Nursing at Hamro School of Nursing, Biratnagar.



Jiya Poddar

Dental at BPKIHS, Dharan.



Suraksha Thapa

Pre Nursing at Dallas College in Dallas, Texas, USA.

St. Mary's +2 delivers: top scholarships, entrance success, international education, leadership roles, and meaningful careers – all while staying rooted in values and support. Don't settle for less – give your daughter the same advantage!

Batch 2079

B.Sc, IT, Computer Science & Engineering Innovators



Athithi Karki

BCA with 50% Scholarship at Trinity International College, Kathmandu; President of Student Council.



Asmita Basnet

Graduated in AI from Islington College (London Metropolitan University affiliate), Kathmandu.



Shatakshi Adhikari

Bachelor in Computer Science, USA.



Shreya Dahal

Computer Engineering at Kathmandu University (KU).



Sushmita Khatri

Computer Engineering at Kathmandu University (KU).



Aarshi Karki

CSIT at Orchid International College, TU, Kathmandu.



Kripa Karki

Bachelor in Computer Science, Himalaya Darshan College, Biratnagar.



Manisha Gautam

BCA at MMAMC, Biratnagar; Working as Data Entry & Data Management at IIMI Asia Pacific Pvt. Ltd., Kathmandu.



Swarnima Upadhyay

IT – Multimedia at Islington College (London Metropolitan University affiliate), Kathmandu.



Apeksha Bhattarai

B.Sc. in Physics MMAMC, Biratnagar.

Global & Diverse Paths



Jiya Pradhan

Bachelor in Computer Science – AI with 50% scholarship in Oregon State University, Corvallis, Oregon, US.



Prasiddhi Chapagain

B.Sc. Computer Science at East Central University Ada Oklahoma with 50% Scholarship and she is the Vice President of Asian Association of University with extra foundation scholarship.

Batch 2080

Global Scholars & High-Achievers



Neha Khadka

Bachelor in Health and Science with 100% Scholarship at Texas State University, USA.



Dibya Devi Khadka

Bachelor in Business Study, Seoul, South Korea.



Sanskriti Adhikari

Bachelor in Early Childhood Education (ECE) at Seneca Polytechnic College, Toronto, Canada.



Yashashvi Rijal

B. Sc in Psychology, Australia.



Shakshi Ghimire

Computer Science at LA Tech University, USA.



Shambhavi Dhakal

BBA in Symbiosis Centre for International Education, Pune, India.

IT, Computer & Tech Innovators



Kritika Puri

Bachelor of Computer Science at Herald College, Kathmandu.



Kritika Budhathoki

IT at Islington College (London Metropolitan University affiliate), Kathmandu.



Sanskriti Singh

IT at Nitte Meenakshi Institute of Technology, Bangalore, India.



Shristi Khadka

BCA at Himalayan Darshan, Biratnagar.



Sunischya Khatiwada

BCA at Himalayan Darshan, Biratnagar.

We ensure value-driven +2 education. St. Mary's +2 isn't just school—it's the gateway to global opportunities, all while keeping your daughter safe and supported. Give your daughter the St. Mary's edge – With St. Mary's foundation, the world becomes your classroom.

Health, Science & Professional Paths



Mahalaxmi Dev

B. Sc Nursing at IOM Pokhara Nursing Campus, TU.



Parul Agrawal

Dental at Nobel Medical College, Biratnagar.



Swastik Deo

MBBS, Sichuan University, West China School of Medicine.



Keshar Shetty

Bachelor in Psychology, Christ College, Bangalore, Yeshwanthpur, India.

Batch 2081

International & Scholarship Achievers



Kanishka Bhagat

Bachelor in Computer Engineering with 100% Scholarship at Sri Ramakrishna Engineering College, Coimbatore, Tamil Nadu, India.



Samrachana Karki

B. Sc Nursing at Victoria University, Australia – 20% Scholarship.



Shristi Rayamajhi

B. Sc Nursing at University of Central Oklahoma, USA – 30% Scholarship.



Sijereal Kafle

B. Sc Nursing at Wright State University, Ohio, USA.



Khushbu Lohani

Culinary Arts at University College Birmingham, UK.



Ipsita Karki

IT at Vellore Institute of Technology, India.



Pratha Baruwal

IT at Gandhi Institute of Technology, Visakhapatnam, India.

In a safe, value-driven girls' environment, your daughter gains the confidence and skills to aim high. We are nurturing Tomorrow's Leaders – One Girl at a Time. Secure Your Daughter's Future Today!

Health, Science & Professional Achievers



Beedhika Karki

B.Sc Nursing at GITAM University at Bishakapatnam, Andra Pradesh, India



Arya Dahal

Bachelor of Physiotherapy at Nobel Medical College, Biratnagar.



Pritika Soni

B. Sc in Clinical Psychology at PCU (Pimpri Chinchwad University), Pune; Passed MBBS Entrance Exam.



Aastha Raut

Bachelor in Biotechnology at Kathmandu University (KU).



Garima Gautam

Architect Engineering at KU., Kathmandu.



Utsha Singh Karki

Computational Mathematics at KU, Kathmandu

IT/Local & Creative Paths



Amsu Thapa,

IT at Biratnagar International College, Biratnagar.



Ninamma Rai

Bachelor in Hospital Management at Sikkim Manipal University, Sikkim.



Janvi Pradhanang

IT at Biratnagar International College, Biratnagar.



Agrima Thakuri

Bachelor of Fashion Design and Management at Namuna College of Fashion Technology, Kathmandu.



Sushma Pandey

IT at Biratnagar International College, Biratnagar.



Kasak Shrestha

Bachelor in Engineering at PU, Biratnagar

Glimpses of Extracurricular Activities



Glimpses of Extracurricular Activities



Rules and Regulations of +2 Wings

At St. Mary's +2 Wing, we foster a positive, respectful, and focused learning environment where every young woman can thrive academically, personally, and spiritually.

- ❖ Regular attendance is mandatory
- ❖ Proper uniform and discipline must be maintained
- ❖ Respect for teachers, staff, and fellow students is essential
- ❖ Participation in academic and co-curricular activities is encouraged
- ❖ Mobile phones and electronic devices are not permitted during class hours or in study areas
- ❖ Punctuality is required for all classes, assemblies, and activities; latecomers may face consequences.
- ❖ Assignments, projects, and homework must be submitted on time; plagiarism or copying will result in serious penalties.
- ❖ Smoking, alcohol, drugs, and any illegal substances are strictly banned on school premises and during school activities.
- ❖ Ragging, bullying, or any form of intimidation is completely prohibited and will lead to strict disciplinary action.
- ❖ Use of school property (labs, library, computers) must follow safety rules and proper care; damage will be penalized.
- ❖ Environmental responsibility – Keep the school premises clean, conserve resources, and participate in green initiatives.
- ❖ Uphold the values of honesty, integrity, compassion, and Mary Ward's spirit of service and empowerment.

Adhering to these rules helps create a safe, respectful, and inspiring space for every student to reach her full potential. Together, we grow stronger.

FACULTY MEMBERS

SCIENCE STREAM

Physics



Asst. Prof. Dr. Sashit Kumar Yadav

Chemistry



Assot. Prof. Dr. Tulasi Prasad Niroula



Mr. Jivan Thapa



Mr. Prabin Kumar Bishwas



Mrs. Shashi Manandhar



Mrs. Swati Sharma

Biology



Mr. Mani Bahadur Rai (Botany)



Mrs. Moon Thapaliya

Mathematics



Assot. Prof. Dr. Pawan Karna



Mrs. Shraddha Niroula

English



Mr. Pramod Kumar Yadav



Mrs. Nikita Agrawal

Social Studies and Life Skills



Mr. Sushil Ghimire

Nepali



Mr. Krishna Wasti

Computer Science



Ms. Tania Chaudhary

FACULTY MEMBERS

__MANAGEMENT STREAM__

Accounting



Mr. Narayan Shah

Economics



Mr. Pramod Kumar Mandal

Business Studies



Mr. Deepak Das

English



Mr. Pramod Kumar Yadav



Mrs. Nikita Agrawal

Nepali



Mr. Krishna Wasti

Social Studies and Life Skills



Mr. Sushil Ghimire

Computer Science



Ms. Tania Chaudhary

EMPOWERING YOUNG WOMEN FOR A BRIGHTER FUTURE



St. Mary's +2 Wing, Biratnagar | Join us for a world – class Future

Equipping Futures Globally...



ST. MARY'S +2 WING

☎ 021-572934, 9819354093

✉ stmarysbiratnagar@gmail.com

📍 Biratnagar-2, Shankarpur

🌐 www.stmarys.com

follow us on

